

# THALASSAEMIA

## and your child's school

---

*Children need to feel like they belong. Their peer relationships are an important arena for this.*

*School is a major part of your child's social development and getting the most out of your child's schooling experience will go a long way in building their resilience.*

### Effects of chronic illness on schooling

Students with Thalassaemia may miss a lot of school due to illness or regular medical appointments. This can lead to:

- ❖ Difficulty completing work on time or taking part in exams
- ❖ Decreased academic performance
- ❖ Difficulty participating in some school activities
- ❖ Feeling less confident and less motivated. It can also affect their self esteem and body image.

It is a good idea to speak to your child's teacher and school counsellor to be able to monitor how your child is coping both academically and socially.

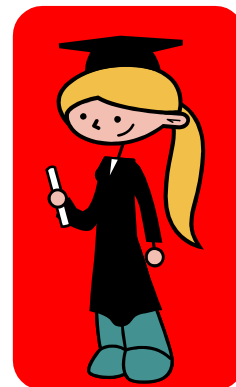
- ❖ Seek extra supports where needed

The Thalassaemia Centre can help advocate and identify extra supports for you and your child. The Centre regularly visits schools to talk about Thalassaemia, it's treatment and impact. Please contact us if you would like us to visit your school.

### Coordinating with the school

When your child goes to school, good communication between your family and school is very important. Everyone needs to understand what is needed to support the student. It is important to:

- ❖ Share information  
Decide how much information you want to share with staff and other students and try to find a balance between the need to support the student their right to privacy.
- ❖ Develop a plan of support and keeping up communication



**If you would like to obtain more information, get in touch with other parents or have further concerns about your child please contact the Thalassaemia Centre on:**

**Phone: (02) 9550 4844, Fax: (02) 9519 3517 or e-mail: [coordinator@thalnsw.org.au](mailto:coordinator@thalnsw.org.au)**

**website on: [www.thalnsw.org.au](http://www.thalnsw.org.au)**



**Thalassaemia Centre of NSW**

PO BOX M120 CAMPERDOWN NSW 2050 CFN: 14635 ❖ ABN: 23 221 006 171  
TEL: (02) 9550 4844 ❖ FAX: (02) 9519 3517 ❖ MOBILE: 0400 116 393 ❖ e-mail: [coordinator@thalnsw.org.au](mailto:coordinator@thalnsw.org.au) ❖ [www.thalnsw.org.au](http://www.thalnsw.org.au)